

Transfer Agreement
**Redlands Community College: A.S. Athletic Training or A.S. Personal Training
 and
 University of Central Oklahoma: B.S. Kinesiology-Exercise/Fitness Management**

RCC	UCO
An Associate in Science (AS) or Associate in Art (AA) degree from an accredited Oklahoma institution that includes the OSRHE minimum requirements will satisfy the UCO University Core.	<ul style="list-style-type: none"> • Written and Oral Communication • Quantitative Reasoning/Scientific Method with Lab • Critical Inquiry and Aesthetic Analysis
See the program requirements for the associate degree on the RCC website.	<ul style="list-style-type: none"> • American Historical and Political Analysis • Cultural and Language Analysis
Credited courses completed as part of the A.A. or A.S. that do not apply to the general education at RCC or the UCO major transfer to UCO as electives.	<ul style="list-style-type: none"> • Social and Behavioral Analysis • Life Skills
Hours required for the AS or AA degree/major at RCC60-64	Remaining hours in UCO University Core.....0

A student pursuing an Associate of Science in either Athletic Training or Personal Training at Redlands Community College is required to complete the following major courses, as stated in the Redlands course catalog:

Credit Hours	REDLANDS Course No.	REDLANDS Course Name	UCO Equivalency Course No.	UCO Equivalency Course Name
2	HPER 1322*	Personal Health	HLTH 1112*	Healthy Life Skills
2	HPER 2312*	First Aid	HLTH 2212*	First Aid w/ Cardiopulmonary Res.
3	HPER 2343*	Care & Prevention of Athletic Injuries	HLTH 3493*	Physical Treatment of Athletic Injuries
5	CHEM 1315	General Chemistry with Lab	CHEM 1014	Introduction Chemistry and Lab

**Course transfer recognized by the OSRHE CEP matrix*

A student pursuing an Associate of Science in Athletic Training or Personal Training at Redlands should complete the above listed courses in addition to all general education requirements to reach the required 61 credit hour minimum to graduate.

Remining Major Requirements

Kinesiology - Exercise/Fitness Management64
 Required Core.....20
 Required Courses:

- HLTH 4103 Human Development
- +KINS 2643 Introduction to Kinesiology Studies
- +^**KINS 3403 Principles in Leadership Development
- ^KINS 3623 Program Design and Management
- +KINS 3713 Research and Evaluation
- KINS 4252 Legal Aspects of Leisure Services and Fitness Programs
- ^KINS 4433 Management Principles
- Required Theory44
- #HLTH 3413 Nutrition for Sport and Fitness
- +HLTH 3223 Applied Anatomy (**ZOOL 2134 may be taken at RCC and substituted for this course.**)
- KINS 2713 Physical Activity & Health
- #KINS 3112 Group Exercise Techniques

#KINS	4203	Physical Activity and Aging
#^KINS	4263	Performance Training Concepts
#^KINS	4323	Exercise Programming for Special Populations
#^KINS	4413	Applied Exercise Physiology
#^KINS	4513	Fitness Assessment
#^*KINS	4523	Exercise Prescription
#^*KINS	4900	Practicum in Kinesiology and Health Studies (1 hr.)
+^*KINS	4900	Practicum in Kinesiology and Health Studies (1 hr.)
#KINS	4950	Internship in Exercise & Fitness Management (6 hrs.) Internship must be completed during final semester of degree.
+PHED	3333	Mechanical Principles and Analysis of Movement
+PHED	3503	Physiology of Exercise
REC	3513	Facility Management

* To be taken concurrently

** To be taken concurrently

^ Must be completed to enroll in the internship

+ Must be taken prior to admission into the program with a minimum 2.5 average.

Admission into the Exercise/Fitness Management major required.

Electives to bring total to.....124

Minimum Grade Requirements

1. Average in all college course work2.00
2. Average in all UCO coursework.....2.00
3. Average in Pre-Kinesiology (+) course work2.50
(Minimum grade of "C").
4. Average in major course work2.50
(Minimum grade of "C").

A student pursuing a Bachelor's of Science in Kinesiology at UCO should complete the above listed courses to reach the required 124 credit hour minimum to graduate. Of the 124 completed hours, 30 credit hours must be completed at UCO; 60 credit hours must be earned from colleges that award bachelor's degrees; 40 credit hours must be upper division; 15 credit hours of upper division major courses must be completed at UCO; 10 credit hours in the major must be in residence at UCO; and 15 of the last 30 credit hours must be completed at UCO.

Program-to-Program Transfer policies are available in the Introduction for Program-to-Program Agreements on the UCO website at the top of the list of transfer agreements. This agreement does not include all possible variations for transfer with these programs/majors. The Academic Advisors along with the information in the official catalogs at both institutions are critical to the understanding of the specifics of degree completion.