

Transfer Agreement

Redlands Community College: A.S. Athletic Training or A.S. Personal Training
and
University of Central Oklahoma: B.S. Kinesiology-Outdoor & Community Recreation

A student pursuing an Associate of Science in either Athletic Training or Personal Training at Redlands Community College is required to complete the following major courses, as stated in the Redlands course catalog:

Credit Hours	REDLANDS Course No.	REDLANDS Course Name	UCO Equivalency Course No.	UCO Equivalency Course Name
2	HPER 1322*	Personal Health	HLTH 1112*	Healthy Life Skills
2	HPER 2312*	First Aid	HLTH 2212*	First Aid w/ Cardiopulmonary Res.
3	HPER 2343*	Care & Prevention of Athletic Injuries	HLTH 3493*	Physical Treatment of Athletic Injuries

**Course transfer recognized by the OSRHE CEP matrix*

A student pursuing an Associate of Science in Athletic Training or Personal Training at Redlands should complete the above listed courses in addition to all general education requirements to reach the required 61 credit hour minimum to graduate.

A student seeking to transfer to UCO to complete the Outdoor & Community Recreation course of study under this agreement should also complete the following courses:

Credit Hours	REDLANDS Course No.	REDLANDS Course Name	UCO Equivalency Course No.	UCO Equivalency Course Name
3	SOC 2183	Sociology of the Family	SOC 3403	The Family

Redlands A.S. degree completes UCO general education requirements.

Major Requirements

Kinesiology - Outdoor and Community

Recreation76 (66 after completion of the RCC A.S. requirements listed above)

Required Core.....24

Required Courses:

- HLTH 1112 Healthy Life Skills **(taken at RCC)**
- HLTH 2212 First Aid with Cardiopulmonary Resuscitation **(taken at RCC)**
- HLTH 4103 Human Development
- KINS 2643 Introduction to Kinesiology Studies
- **KINS 3403 Principles in Leadership Development
- KINS 3623 Program Design and Management
- KINS 3713 Research and Evaluation
- KINS 4252 Legal Aspects of Leisure Services and Fitness Programs
- KINS 4433 Management Principles

Required Theory (Additional Recreation courses)36

- HLTH 3223 Applied Anatomy **(ZOOL 2134 may be taken at RCC and substituted for this course.)**
- HLTH 3453 Group Dynamics
- HLTH 4523 Health and Aging
- REC 2402 Outdoor Recreation
- REC 2433 Outdoor Pursuits
- REC 2812 Camp Administration and Programming

- REC 3433 Community Recreation
- REC 3513 Facility Management
- REC 3702 Wilderness First Aid
- REC 3803 Tourism and Recreation
- REC 4363 Therapeutic Recreation
- **REC 4900 Practicum in Recreation (2 hours)
- REC 4950 Internship in Recreation (4 hours)

** To be taken concurrently

Elective Kinesiology and Health Studies..... 13

Selected from the following courses:

- HLTH 3163 Environmental Health
- HLTH 3263 Media Advocacy and Health Communication
- HLTH 3403 Leadership and Ethics in Public Health
- HLTH 3413 Nutrition for Sport and Fitness
- HLTH 3493 Physical Treatment of Athletic Injuries **(taken at RCC)**
- KINS 3633 Grant Writing and Fundraising
- KINS 4910 Seminar in Kinesiology and Health Studies
(1-4 hours)
- PHED 1722 Lifeguard Training
- PHED 3333 Mechanical Principles and Analysis of Movement
- PHED 3503 Physiology of Exercise
- REC 2502 Challenge Course Training
- REC 4503 Organization and Administration of Recreation
Facilities

Electives - Selected from the following courses3

- ENG 4023 Technical Writing
- FIN 3513 Risk Management for the Firm
- MCOM 2193 Principles of Public Relations
- MGMT 3313 Human Resource Management
- SFTY 3433 Introduction to OSHA
- SOC 3103 Juvenile Delinquency
- SOC 3403 The Family **(taken at RCC)**
- SOC 4053 Sociology of Aging

Electives to bring total to..... 124

Minimum Grade Requirements

1. Average in all college course work and course work at UCO.2.00
2. In courses in the major "C"

A student pursuing a Bachelor’s of Science in Kinesiology at UCO should complete the above listed courses to reach the required 124 credit hour minimum to graduate. Of the 124 completed hours, 30 credit hours must be completed at UCO; 60 credit hours must be earned from colleges that award bachelor’s degrees; 40 credit hours must be upper division; 15 credit hours of upper division major courses must be completed at UCO; 10 credit hours in the major must be in residence at UCO; and 15 of the last 30 credit hours must be completed at UCO.

Program-to-Program Transfer policies are available in the Introduction for Program-to-Program Agreements on the UCO website at the top of the list of agreements. Links to the agreements can be found on the Academic Affairs or Transfer Student Support web pages.