

36 Proposal #  
(Academic Affairs use only)

S20khs16 Proposal #  
(College use only)

## REQUEST FOR A COURSE CHANGE

University of Central Oklahoma

Course Subject (Prefix), Number, and Title:

Existing: 

Course Subject	Number	Course Title (maximum of 30 spaces)
KINS	5723	Psychosocial Aspects of Athletic Training

Proposed: 

Course Subject	Number	Course Title (maximum of 30 spaces)
KINS	5723	Psychosocial Interventions

Proposed Title: (full course title if longer than 30 characters)

Psychosocial Interventions – Behavioral Health

Proposed change(s) to this course: Mark all that apply.

Credit Hour  Level  Title  Description  Prerequisite  Enrollment Restriction

Other: Course Objectives

CIP Code If changing, what is the new code?

For more information regarding CIP codes contact your department chair or visit:

[http://www.uco.edu/academic-affairs/ir/program\\_inventory.asp](http://www.uco.edu/academic-affairs/ir/program_inventory.asp)

Course description:

As it appears in the current catalog. (required)

This lecture course will focus on sociological and psychological aspects related to being a health care provider. Major content areas are pharmacology, psychosocial and nutrition. Instruction will include common athletic medication usage, drug testing, nutrition and psychosocial differences based on cultural, ethnic, and gender of the physically active. Clinical skills will be taught and evaluated requiring the student to demonstrate a level of competency to complete this course

Existing: As it appears in the current catalog. (required)

As it will appear in the next catalog or indicate no change. (Please use standard American English including full sentences.) Course descriptions only. Do not include prerequisites or enrollment restrictions, these should be added under questions 9-15.

This course is a study of the psychological and behavioral health conditions related to patient centered care. The course will teach and evaluate student's ability to identify, refer, and develop care plans for/to patients with behavioral health conditions, including depression, anxiety, suicidal ideation, eating disorders, and others. Learning opportunities will be provided through simulation and research of

Proposed: behavioral health interventions.

Department of Kinesiology & Health Studies

Department submitting the proposal

Ed Sunderland jsunderland@uco.edu 5239  
Person to contact with questions email address Ext. number

Approved by: [Signature] 7/20/21  
Department Chairperson Date

[Signature] 8/24/20  
College Dean Date  
(Please notify department chair when proposal is forwarded to AA.)

[Signature] 8-21-20  
College Curriculum Committee Chair Date  
(Please notify department chair when proposal is forwarded to dean.)

Academic Affairs Curriculum or Graduate Council Date

Office of Academic Affairs Date

Effective term for this course change  
(Assigned by the Office of Academic Affairs)

JS

- Does this course have an undergraduate / graduate counterpart?  
 Yes  No
- Is this proposal part of a larger submission package including a program change?  
 Yes  No
- Does this course affect a teacher preparation program? (All courses required for any teacher preparation program must have approval from the Council on Teacher Education (CTE) before approval from AACCC or Graduate Council.)  
 Yes  No If yes, send copy of proposal to the Education Curriculum Committee Chair, Dr. Darla Fent  
 CTE Approval (Stamp or initial) \_\_\_\_\_
- Is this course currently listed in the University Core?  
 Yes  No If you wish this course be listed in the University Core, submit University Core course proposal.
- Is this course a prerequisite for any other course(s)?  
 Yes  No If this change affects the prerequisite, complete course change proposal to delete or change prerequisite.
- Is this course a requirement in any major or minor?  
 Yes  No If this change impacts the requirement of any major or minor, complete program change proposal.
- Does this course affect majors or minors outside the department?  
 Yes  No If yes, provide name(s) of department chair(s) contacted, the dates, and the results of the discussion.

8. List all majors or minors which include this changed course as a requirement or elective.  
 (list major or minor by title not major code)  
Master of Athletic Training

9. Prerequisite courses:  
 Will the prerequisite courses change?  Yes  No If yes, fill out below, if no leave blank.  
 NOTE: Adding a "new course" as a prerequisite to an existing course will likely cause enrollment problems.  
 As listed at the end of the course description in the current catalog. (Required)  
 Existing: None  
 Proposed: KINS 5443  
 Example 1: MATH 1213 and (MATH 2165 or MATH 2185) and CHEM 1213 Example 3: 8 hours of biology including BIO 1404  
 Example 2: (ACCT 2113 and 2213) and (MGMT 3013 or 3613)

10. Co-requisite(s): Prerequisite courses that may be taken in the same semester.  
 Will the co-requisite(s) change?  Yes  No If yes, fill out below, if no leave blank.  
 As listed at the end of the course description in the current catalog. (Required)  
 Existing: \_\_\_\_\_  
 Proposed: \_\_\_\_\_

11. Concurrent enrollment: Courses that must be taken the same semester. Example: lab courses.  
 Will the concurrent enrollment change?  Yes  No If yes, fill out below, if no leave blank.  
 As listed at the end of the course description in the current catalog. (Required)  
 Existing: \_\_\_\_\_  
 Proposed: \_\_\_\_\_

12. Does this course currently have enrollment restrictions?  
 Yes  No If adding or changing enrollment restrictions answer questions 13-15. If not changing or add enrollment restrictions leave questions 13-15 blank.



13. Specify which major(s) may or may not take this course.  
 Will the major(s) restriction change?  Yes  No

If yes, fill out below, if no leave blank.

Specifying a major, excludes all other majors from enrolling.

**Existing** (as appears in current catalog)

Check one: May  May not

Major Code: \_\_\_\_\_

**Proposed** (if changing)

Check one: May  May not

Major Code: \_\_\_\_\_

14. Which of the following student classification(s) may enroll in this course?

Will the classification restriction change?  Yes  No If yes, fill out below, if no leave blank.

**Existing** (as appears in current catalog)

Check all that apply:

- Graduate (2) 19 + hours
- Graduate (1) 0-18 hours
- Post Baccalaureate
- Senior
- Junior
- Sophomore
- Freshman

**Proposed** (if changing)

Check all that apply:

- Graduate (2) 19 + hours
- Graduate (1) 0-18 hours
- Post Baccalaureate
- Senior
- Junior
- Sophomore
- Freshman

15. Specify other restrictions for this course, if any.

Will other restrictions change?  Yes  No If yes, fill out below, if no leave blank.

**Existing** (as appears in current catalog)

- Admission to Graduate Programs
- Admission to Nursing Program
- Admission to Teacher Education
- Other:

**Proposed** (if changing)

- Admission to Graduate Programs
- Admission to Nursing Program
- Admission to Teacher Education
- Other:

16. Course objectives for this course: (Please refer to instructional objectives documents at:

<http://www.uco.edu/academic-affairs/faculty-staff/aacc.asp#FAQ/Helpful%20Hints.>)

If previously approved objectives will be used without any changes, check here

As they appear in the course syllabus.

Existing:

**ATHLETIC TRAINING COMPETENCY COURSE OBJECTIVES:** The student will understand, explain, demonstrate, apply, synthesize and evaluate related skills associated with the content knowledge areas of: (See Central Six 1). NATA Professional Education Council (PEC) course objectives handed out separately.

1. Prevention -
2. Acute Care -
3. Clinical Exam and Diagnosis -

**Athletic Training Educational Competencies, 5<sup>th</sup> ed. assigned to this course are:**

Content	Domains	
	Knowledge and Skills	
	Instructed	Evaluated
Prevention and Health Promotion -PHP	PHP 1 - 19	1 - 19
Acute Care of Injuries and Illnesses -	AC 1 36	1 - 36
Clinical Examination and Diagnosis -	CE 20 - 21	20 - 21
Clinical Integration Proficiencies - CIP	CIP 3&6	3 & 6

Proposed: As they will appear in the updated syllabus.

The objectives of this course align with the Central Six Tenets of Transformative Learning and CAATE Standards.

**Central Six Tenets of Transformative Learning and CAATE Standards:**

A. Central Six Tenets of Transformative Learning

<http://sites.uco.edu/central/tl/central6/index.asp>

The UCO Central Six Tenets promote the mission of student learning by providing Transformative Learning experiences so that students can become productive, creative, ethical, and engaged citizens and leaders.

1. Discipline Knowledge
2. Global and Cultural Competencies
3. Health and Wellness
4. Leadership
5. Research, Creative, and Scholarly Activities
6. Service Learning and Civic Engagement

B. Commission on Accreditation of Athletic Training Education (CAATE) <https://caate.net/pp-standards/>

The Standards for Accreditation of Professional Athletic Training Programs (Standards) are used to prepare professional athletic trainers. The 2020 Standards have the six core competencies with sub-competencies within each area. The core competencies and sub-competencies are:

- A. Patient-Centered Care
- B. Interprofessional Practice and Interprofessional Education
- C. Evidence-Based Practice
- D. Quality Improvement
- E. Health Care Informatics
- F. Professionalism
- G. Patient/Client Care
- H. Prevention, Health Promotion, and Wellness
- I. Health Care Administration

**Course Objectives:**

Upon successful completion of the course the student will be able to:

- I. Advocate for the behavioral health needs of clients, patients, communities and populations. *1, 2, 3, A, G, H, I*
- II. Identify, refer, and support patients with behavioral health conditions. *1, 2, 3, A, G, H, I*
- III. Demonstrate care delivery strategies that accounts for health literacy and social determinants of health as it relates to patient centered care. *1, 2, 3, A, G, H, I*
- IV. Communicate effectively with the patient, families, care givers, and behavioral health care professionals. *1, 2, 3, A, G, H*
- V. Practice in collaboration with other health care providers, *1, 2, 3, A, B, G, H*
- VI. Evaluate and manage patient care for individuals with behavioral health conditions. *1, 3, A, B, G, H*
- VII. Identify and apply the ability to refer patients to other health care professionals who specialize in behavioral health conditions. *1, 3, A, B, G, H*
- VIII. Formulate and organize a plan of care with other health care providers and patients to help with compliance, progress, and readiness to participate. *1, 3, A, B, G, H*
- IX. Develop specific policies and procedure for the purpose of identifying patients with behavioral health problems that are in crisis. *1, 3, A, B, G, H, I*

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17. Please provide a concise, yet comprehensive, statement that explains the specific reasons for requesting the change(s). Include any documentation or assessment information available supporting this specific request.

The Commission on Accreditation of Athletic Training Education (CAATE) has developed new accreditation standards. The new 2020 Standards for Accreditation of Athletic Training Education have new areas of Foundational Knowledge and Core Competencies, as a result the title, course description, prerequisite, and objectives need to reflect those changes. The changes will help in the Accreditation process. The complete list of new 2020 Standards can be found at <https://caate.net/pp-standards/>.

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18. Clearly explain how the characteristics of this course meet or exceed those outlined in Course Level Characteristics. Complete this question only if requesting a course level change. (Copy and paste table from "Course Level Characteristics" document for the appropriate course level of proposed course. Document may be found on: [http://www.uco.edu/academic-affairs/files/aacc/forms/CLC%20table4\\_07.pdf](http://www.uco.edu/academic-affairs/files/aacc/forms/CLC%20table4_07.pdf).

**5000 LEVEL COURSES**

Course Level Characteristics	Please describe how this course meets this requirement.
<p>1. It is assumed that students in these courses have acquired the ability to use language effectively, to engage in analytical thought and creative processes, and to use information and bibliographic sources with skill.</p>	<p>This course will challenge students to read and analyze current psychosocial research and best practice skills related to patient centered care and outcomes. The student will learn to assess and refer behavioral health issue using clinical reasoning skills and document finding in patient records using effective written skills and communicate with the patient using effective verbal skills.</p>
<p>2. It is assumed that students in these courses have achieved a significant level of maturity in the discipline, evidenced by a considerable background of knowledge.</p>	<p>Content knowledge and skills will be at the graduate level and this course will challenge and develop the student's ability to demonstrate content knowledge using high levels of clinical reasoning that is only acquired over time and practice.</p>
<p>3. These courses should be more than a mere extension of undergraduate courses. Rather, they should be qualitatively different. At a minimum:</p> <ul style="list-style-type: none"> <li>a. Students should be required to undertake original scholarly/creative activity.</li> <li>b. Students should assume greater responsibility for mastering the subject matter.</li> <li>c. Close working relationships should exist between instructors and students.</li> </ul>	<p>The course is a psychological and behavioral health content knowledge course related course utilizing high levels of learning. The students will demonstrate this during clinical integrated learning of skills and techniques along with scholarly projects. This course will utilize self-directed learning modules outside of class and utilize class time for integrated skill acquisition supervised and mentored by the instructor.</p>