REQUEST FOR A NEW MINOR
University of Central Oklahoma

Proposed Name of Minor (limited to 30 spaces)
Coaching Education

Name of Minor: (written out if longer than 30 characters)

To which program is this new minor connected:
Kinesiology and Health Studies: Physical Education/Health

CIP Code: 13.1314
For information regarding CIP codes contact your department chair or visit:
http://www.uco.edu/academic-affairs/ir/program_inventory.asp

Is this minor an Interdisciplinary Minor. Please see Policy on Interdisciplinary Minors below.
Yes X No

Policy on Interdisciplinary Minors
An interdisciplinary minor consists of no more than nine hours from any single prefix area (e.g. HIST, ECON, HLTH). Additionally, the courses applied to an interdisciplinary minor must be from a minimum of two academic departments. An undergraduate student, regardless of major, may pursue an interdisciplinary minor from the approved list in the undergraduate catalog.

Is this a teacher preparation program? (All courses required for any teacher preparation program must have approval from the Council on Teacher Education (CTE) before approval from AACC or Graduate Council.)
Yes X No If yes, send copy of proposal to the Education Curriculum Committee Chair, Dr. Darla Fent.

Kinesiology and Health Studies
Department submitting the proposal
Trey Cone tcone@uco.edu 5237
Person to contact with questions email address Ext. number

Approved by:
Department Chair 7/20/20
College Dean 8/20/20

College Curriculum Committee Chair 8-21-20
Academic Affairs Curriculum or Graduate Council Date

Office of Academic Affairs Date

Effective term for this program change (Assigned by Academic Affairs)
1. Does this new minor affect other programs or departments?
   Yes [X] No  
   If yes, provide name(s) of department chair(s) contacted, date(s), and results of discussion(s).

2. Proposed curriculum as it will appear in the catalog: (Please place asterisk(s) beside new courses and submit a Request for a New Course form for each new course.) Please note minimum requirements for minors listed below.

   **(Proposed Minor Requirements)**

   **Coaching Education Minor**  
   **18 Hours**

   **Required Courses**  
   9 hours

   - HLTH 2212 First Aid with CPR (HLTH 1112 is required in Core; transfer exceptions can be made)
   - HLTH 3493 Treatment of Athletic Injury (HLTH 1112 is required in Core; transfer exceptions can be made)
   - PHED 4232 Organization & Administration of High School Athletics
   - PHED 4712 Psychology of Sport

   **Elective Courses**  
   9 hours

   - PHED 4103 Theory Of Coaching Football
   - PHED 4113 Theory of Coaching Volleyball & Softball
   - PHED 4143 Theory of Coaching Basketball
   - PHED 4162 Theory of Coaching Soccer
   - HLTH 3413 Nutrition for Sports & Fitness (Pre-reg/enrollment restrictions – other courses can be taken to fulfill electives)
   - KINS 4263 Performance Training Concepts (Pre-reg/enrollment restrictions – other courses can be taken to fulfill electives)

   **Minimum Requirements for Minors:**
   - Total Hours 18
   - GPA 2.00
   - Upper Division Hours (3/4000 level) 6
   - Residency Hours 6

3. Have you checked to ensure there are no hidden requirements with each of the proposed courses in the curriculum?
   [X] Yes  No

4. Projected number of students expected to select this minor over the first three years.

<table>
<thead>
<tr>
<th>Semester</th>
<th>2021</th>
<th>2022</th>
<th>2023</th>
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<tbody>
<tr>
<td>Fall</td>
<td>10</td>
<td>15</td>
<td>20</td>
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<td>Spring</td>
<td>10</td>
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<tr>
<td>Summer</td>
<td>0</td>
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<td>0</td>
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</tbody>
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5. Projected new cost of the minor over the first three years based on the projected number of students expected to select this minor for:
   a. Faculty or staff (specify whether full-time or part-time)
      20_21_ Many of the classes (5) are currently offered and many semesters have space for additional
6. The UCO Library has the required library resources available for this new minor?
   If yes, provide names of Librarian/Faculty Liaisons contacted, dates, and results of discussion.
   x Yes  No
   The KHS Department's library liaison, Jean Longo, was contacted via e-mail on 1/14/2020.
   Jean indicated that the library could fill the needs for a coaching minor. She listed several
   resources that the library holds and stated that she will be on the lookout for additional
   resources on relevant topics.

   If no, what additional library resources must be acquired for this new minor? List items which must be
   purchased and estimated cost. (Be specific, e.g., books, magazines, journals, etc.)

7. Will the majority of this minor be available via electronic media? (If so, explain)
   If yes, explain
   Two of the required courses are currently offered online. We anticipate additional courses going online in the near
   future.

   Yes  X  No

8. Please provide a concise, yet comprehensive, statement that explains the purpose and need for
   this new minor. Include documentation or assessment information supporting this request (if
   possible).
   The UCO College of Education and Professional Studies graduates approximately 150 students each year
   who will enter the teaching profession. Many of these professionals will have an opportunity to further
   positively impact student outcomes, respective schools, and Oklahoma communities by serving as an
   athletic coach. Additionally, many teachers seek to supplement their income by coaching. Currently, the
   Oklahoma Secondary School Activities Association requires a minimum of course work including: sport
   specific rules, A Guide to Heat Acclimatization and Heat Illness Prevention, Concussion in Sports, and
   Sudden Cardiac Arrest, and Care and Prevention of Athletic Injuries. Yet, many coaches of youth and
   scholastic sports have little to no formal education specific to the position. Sport participation can have
   far-reaching effects physically, socially, emotionally and intellectually in the lives of young people.
   Responsible coaches should be educated and prepared to contribute to the positive influence sport has on
   individuals and society. The quality of the experiences gained through participation in sport are greatly
   impacted by the competencies and qualifications of coaches. Appropriate training is fundamental.
   Proper education for potential coaches should prepare coaches in the areas of care and prevention of
   athletic injuries, sport administration, sports ethics, mental training, strength training, nutrition, and
   training methods including health and safety procedures specific to the sport or sports chosen.