REQUEST FOR A NEW COURSE
University of Central Oklahoma

Course Subject (Prefix), Number, and Title:

NURS | 4xx3 Complementary Therapies

Course Title: (full title of course if longer than 30 characters)
Complementary Therapies for Nursing Practice

For information regarding CIP codes contact your department chair or visit: http://www.uco.edu/academic-affairs/ir/program_inventory.asp
CIP Code: 51.3801

For graduate courses, please attach a syllabus for this course. (See syllabus requirement policy 2.2.)

Course description as it will appear in the appropriate catalog.
Course description only. Do not include prerequisites or enrollment restrictions, these should be added under questions 6-12.
(Please use standard American English including full sentences.)

This course familiarizes the student with an exploration of complementary and alternative therapies in medicine (CAM). The risks and benefits of therapies is explored, as well as integration into western medicine. Evidence behind CAM are presented, in addition to patient rationales for utilization.

Department of Nursing
Department submitting the proposal

Dr. Nancy Gwin ngwin@uco.edu X5146
Person to contact with questions email address Ext. number

Approved by:

[Signature] 09/29/20
Department Chairperson Date

[Signature] 9/30/20
College Dean Date

[Signature] College Curriculum Committee Chair Date
Digitally signed by
Britney Hopkins
Date: 2020.09.29
18:19:13 -05'00'

[Signature] Academic Affairs Curriculum or Graduate Council Date

Effective term for this new course
(Assigned by the Office of Academic Affairs.)

Office of Academic Affairs Date

(Notify department chair when proposal is forwarded to dean.)

(Notify the department chair when proposal is forwarded to AA.)
1. Does this course have an undergraduate / graduate counterpart?  
   ___ Yes  ___ No

2. Is this proposal part of a larger submission package including a program change?  
   ___ Yes  ___ No

3. Does this new course affect a teacher preparation program? (All courses required for any teacher preparation program must have approval from the Council on Teacher Education (CTE) before approval from AACC or Graduate Council.)  
   ___ Yes  ___ No  If yes, send copy of proposal to the Education Curriculum Committee Chair, Dr. Darla Fent.  
   CTE Approval (Stamp or initial) ________________________________________________________________

4. Has this course been previously taught as a common course (4910 seminar, 4960 institute, etc.)?  
   ___ Yes  ___ No  If yes, when was the most recent offering? _______________________________  

5. Does this course affect majors or minors outside the department?  
   ___ Yes  ___ No  If yes, provide name(s) of department chair(s) contacted, dates, and results of discussion.  

6. Prerequisite courses:  
   Example 1: MATH 1213 and (MATH 2165 or MATH 2185) and CHEM 1213  
   Example 2: (ACCT 2113 and 2213) and (MGMT 3013 or ISOM 3613)  
   Example 3: 8 hours of biology including BIO 1404  
   Example 4: none  

7. Co-requisite(s): Which of the above prerequisite courses, if any, may be taken in the same semester as the proposed new course?  
   None  

8. Concurrent enrollment: Courses that must be taken the same semester. Example: lab courses.  
   None  

9. Will this course have enrollment restrictions?  
   ___ Yes  ___ No  If No, go to question 13.  

10. Specify which major(s) may or may not take this course. Specifying a major, excludes all other majors from enrolling.  
    Check one: May _____ May not _____  
    Major Code: ________________________________________________________________  

11. Which of the following student classification(s) may enroll in this course?  
    Check all that apply:  
    Graduate (2) 19 + hours  
    Graduate (1) 0-18 hours  
    Post Baccalaureate *  
    Senior  
    Junior  
    Sophomore  
    Freshman  
    * Graduate level courses are not open to Post Baccalaureate students.  

12. Check or list other restrictions for this course.  
    Admission to Graduate Programs  
    Admission to Nursing Program  
    Admission to Teacher Education  
    Other  

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Academic Affairs Form  
August, 2015

Functional Review  
CF  
(undergraduate proposals only)
13. Course objectives: Objectives should be observable, measurable and include scholarly or creative activities to meet the course level characteristics. Course objectives should also be in line with the course description. (Please refer to instructional objectives documents at: http://www.uco.edu/academic-affairs/faculty-staff/aacc.asp#FAQ/Helpful%20Hints.)

At the successful completion of the course, the student will be able to:

1. Discuss common complementary and alternative medicine therapies (CAM), as well as their benefits and risks.
2. Differentiate between CAM and western medicine in relationship to certain disease processes/problems.
3. Describe rationales for patient use of CAM.
4. Analyze potential ethical issues resulting from using CAM in the U.S. healthcare system.
5. Evaluate evidence-based research in relationship to CAM use.
6. Assess personal views and beliefs related to the use of CAM.

Course Detail Information:

14. Contact Hours (per week)
   - 3.0 Lecture hours (in class)
   - Lab hours (also studios)
   - Other (outside activities)

15. Repeatable course.
   - 1 Number of times this course can be taken for credit.

16. Schedule type: (select one only)
   - Activity P.E. (A)
   - Lab only (B)
   - Lecture/Lab (C)
   - Lecture only (L)
   - Recitation/Lab (R)
   - Student Teaching (STU)
   - Studio Art/Design (XSU)

17. List existing course(s) for which this course will be a prerequisite. Adding a "new course" as a prerequisite to an existing course will likely cause enrollment problems. (Please submit a prerequisite change form for each course for which this course will serve as a prerequisite.)
   - None

18. What resources, technology or equipment must be acquired to teach this course? List items, which must be purchased and estimate cost. (Be specific, e.g., technology software, equipment, computer lab; etc.)
   - None

19. The UCO Library has the required library resources available for this new course?
   - x Yes ___ No
   - If yes, provide names of Librarian/Faculty Liaisons contacted, dates, and results of discussion.
   - Karen Vessier is the Faculty Liaison and Jean Longo is our Librarian. Resources are currently available for this course. In addition, Jean Longo provides course support and contact. She will serve as an embedded librarian within the course. Databases, journals, electronic access sites as well as books are available to the students through the UCO virtual library or interlibrary loan.
If no, what additional library resources must be acquired for this new course? List items which must be purchased and estimated cost. (Be specific, e.g., books, magazines, journals, etc.)  

20. Names of current faculty qualified to teach this course.  
CMS Department of Nursing Faculty that have completed the CeCe eFacilitator Training Course: Dr. Nancy Gwin, Dr. Gina Wilson, Dr. Kate Brashears, Dr. Marcy Tanner-Garrett

21. Additional faculty (adjunct or full-time) required and specific competencies required to teach this course:  
None

22. How will this course be staffed and equipped? Identify the additional costs associated with this new course. If no costs, explain why not.  
There will be no additional costs associated with this new course. It will be staffed with nursing faculty teaching load as listed per UCO CMS Department of Nursing

23. Identify the source(s) of funds for any additional costs for the new course. i.e. internal reallocations, special fees from students, etc. If you plan to propose special fees be assessed for this course, be aware there is a separate approval process for special fees.  
No additional costs

24. Projected enrollment for two academic years following approval of new course:  

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<tr>
<th>Semester</th>
<th>2021-2022</th>
<th>2022-2023</th>
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<tr>
<td>Fall</td>
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<td>Summer</td>
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25. Using State Regents' definition of liberal arts and sciences (quoted below), characterize the course as follows:  

- [x] Non-liberal arts and sciences.
- [ ] Liberal arts and sciences

"The liberal arts and sciences are defined as those traditional fields of study in the humanities; social and behavioral sciences; communications; natural and life sciences, mathematics; and the history, literature, and theory of fine arts (music, art, drama, dance). Courses in these fields whose primary purpose is directed toward specific occupational or professional objectives, or courses in the arts which rely substantially on studio or performance work are not considered to be liberal arts and sciences for the purpose of this policy. Courses required for the General Educational Program are not necessarily synonymous or mutually exclusive with the liberal arts and sciences." State Regents Policy and Procedures, Chapter 2, Section 5, "Degree Requirements" part 1, (2). P. II-2-86

26. Please provide a concise, yet comprehensive, statement that explains the reasons for requesting the new course. Include documentation or assessment information supporting the specific request (if possible). Indicate the expected source of student enrollment (majors, minors, programs etc.)  
Complementary therapies are gaining popularity as treatment options in today's medical world. It would create an opportunity for nurses and non-nursing majors to gain a broad overview of the most popular complementary therapies and how they function with traditional medicine. Additionally, the RN to BS track provides 24 hours total. This course would provide an additional 3 hours of electives to meet the 30-hour residency...
27. Which of the six transformative learning tenets does this course incorporate? (check all that apply or only those that apply) This question was a directive from the Provost and is used for informational purposes.

- Discipline Knowledge
- Leadership
- Research, Scholarly and Creative Activities
- Service Learning and Civic Engagement
- Global and Cultural Competencies
- Health and Wellness

28. Clearly explain how the characteristics of this course meet or exceed those outlined in Course Level Characteristics. (Copy and paste table from "Course Level Characteristics" document for the appropriate course level of proposed course. Document may be found on: http://sites.uco.edu/academic-affairs/files/course-level-characteristics-table.doc

<table>
<thead>
<tr>
<th>4000 Course Level Characteristics</th>
<th>Please describe how this course meets this requirement.</th>
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<tr>
<td>1. It is assumed that students in these courses have completed sufficient course work to have attained senior standing.</td>
<td>Students receive 35 hours of advanced standing credit for completion of the Associates Degree in Nursing. Students have successfully completed the NCLEX-RN licensure exam. Traditional nursing students may enroll in this elective when they have attained the senior year. Students within the traditional nursing program will have completed at least 31 hours of their degree program. Non-nursing majors must have senior standing. Non-nursing majors must have completed substantial course work in another major and have senior standing.</td>
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<td>2. It is assumed that students in these courses have a substantial background in the area of inquiry equivalent to 15 hours of study. Area of inquiry is defined broadly, including courses in the offering department, as well as courses in other departments that relate to the subject of study.</td>
<td>Students have completed all nursing program prerequisites and are admitted to the RN to BS track or the traditional nursing track. For the RN to BS Student: Advanced Standing Credit is given for sophomore and junior level nursing courses: Intro to Nursing, Foundations of Nursing, Intro to Pharmacology, Adult Med/Surg I, Maternal-Newborn Nursing, Pediatric Nursing, Adult Med/Surg II, Pharmacology II, and Preparing for Entry into Practice. Non-nursing majors must have completed substantial course work in another major and have senior standing.</td>
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| 3. These courses should be offered at a level of sophistication of instruction and of expected student performance that is beyond that of other undergraduate courses. In short, 4000 level courses should offer more in-depth study than courses offered at the 3000 level and below. | For the RN to BS student: This course builds on previous Associates of Science or Associates of Applied Science nursing education, as well as Microbiology, Human Anatomy, and Human Physiology. For the traditional nursing student: This course builds on the prerequisites and the first 3 semesters of nursing courses. This course uses previous knowledge to expand the student's understanding. Students will analyze and evaluate information related to global healthcare systems. Non-nursing majors must have completed substantial course work in another major and will be required to use that background to offer different perspectives about complementary
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<th>4. Students in these courses should be required to undertake a substantial scholarly activity in addition to classroom instruction, such as a written research project, library assignment, juried performance, or creative work.</th>
<th>Students in this course will be required to participate in scholarly discussion posts and submit scholarly papers or other written assignments related to application of the subject matter.</th>
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<td>5. Included among 4000 level courses would be capstone courses that review and integrate previous learning, practicums and student teaching, and courses in which a major instructional responsibility is placed on the student (as in individual studies, directed readings, and seminars).</td>
<td>This is an elective course available to the RN to BS track student, the traditional Nursing student, and other senior non-nursing majors. The content evaluates, compares, and contrasts complementary therapies in nursing and beyond. Previous education is necessary to formulate those evaluations.</td>
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